



# Working at Heights and Dropped Objects

Safe future, step by step



# Agenda



**What Does "WAH  
or DO" mean?**



**Why Does it Matter?**



**Set Your Mindset**



**Use of Equipment**



**Safety Culture =  
Prevention**



**Why Does it  
Matter for Us?**

# Working at Heights and Dropped Objects

## Why Focus on Working at Height and Dropped Object Safety?

- Falls from height remain one of the leading causes of workplace fatalities and severe injuries.
- Dropped objects — even from low elevations — can result in severe injuries or major operational disruptions.

This training is **mandatory for all employees**, whether you work in the field or support operations from an office / home. It fosters a unified understanding of safety expectations and reinforces our shared responsibility to maintain a safe working environment.

By the end of this course, you will:

- Understand the core risks associated with working at height and dropped objects
- Learn how to identify and mitigate hazards before starting any task
- Be familiar with required safety equipment and proper usage
- Recognize unsafe practices and take corrective action
- Know the reporting process for hazards and near misses

This course supports our wider safety culture and ensures compliance with Ignitis Group policies, local and international standards and examples of best practices.



What is the purpose of this training?

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At Ignitis Group, our operations span across diverse environments. Many of these activities involve working at height where even a momentary lapse can lead to serious consequences.

The purpose of this training is to equip all employees with the knowledge and practical steps required to prevent incidents related to:

- Falls from height
- Dropped tools and objects
- Improper use of safety equipment
- Unsafe practices during elevated work tasks

## Why Does it Matter?

### Dropped objects or unsafe working at heights may cause:

- Serious injury or fatality
- Property and equipment damage
- Lost time incidents (LTI)
- Legal and reputational consequences.



**Think twice before working at height!**

**Our Goal is to complete every task without any harm.**

Working at height and managing dropped object risks are critical to protecting our people, equipment, and operations. We are committed to:

- Preventing all work-related injuries and incidents
- Ensuring safe, compliant, and efficient operations
- Embedding a culture of responsibility and vigilance
- Achieving full compliance with Group policies, Local and international standards

# Set Your Mindset

Before You Begin: Prepare the Right Way. Before performing any task at height, every team member **MUST** follow these provisions.

## Assess the Need



Can the task be completed without Working at Height? If there's a safer alternative, take it. Risk awareness is our first safeguard.

## Evaluate The Risk



Understand the hazards involved and perform proper risk assessment prior to starting the task.

## Check the Weather



Wind, rain, poor visibility — these aren't just inconveniences, they're red flags.

## Inspect Equipment



Ladders, harnesses, scaffolds, anchor points and other must be checked before each use.

## Plan the Task



The right job deserves the right tools and method. Always choose equipment that's suited for the height, terrain, and task.

## Secure Your Tools



Even a single dropped object from height can cause catastrophic injury. No tool should ever fall freely.

# Use of Equipment: No Exceptions

Always use the correct equipment. No task is exempt from safety requirements.

Click on the plus signs to learn more.

## Barriers & Guardrails

Use toe boards and guardrails to protect from falls and dropped objects.



## Tool Safety

Tools must be securely stowed or secured with straps to prevent them from falling.



## Platforms

Only use certified, stable working platforms.



## Ladders

Must be placed on flat and firm ground.



## Fall Protection

Certified body safety belts (harnesses) must be fitted properly and anchored securely.

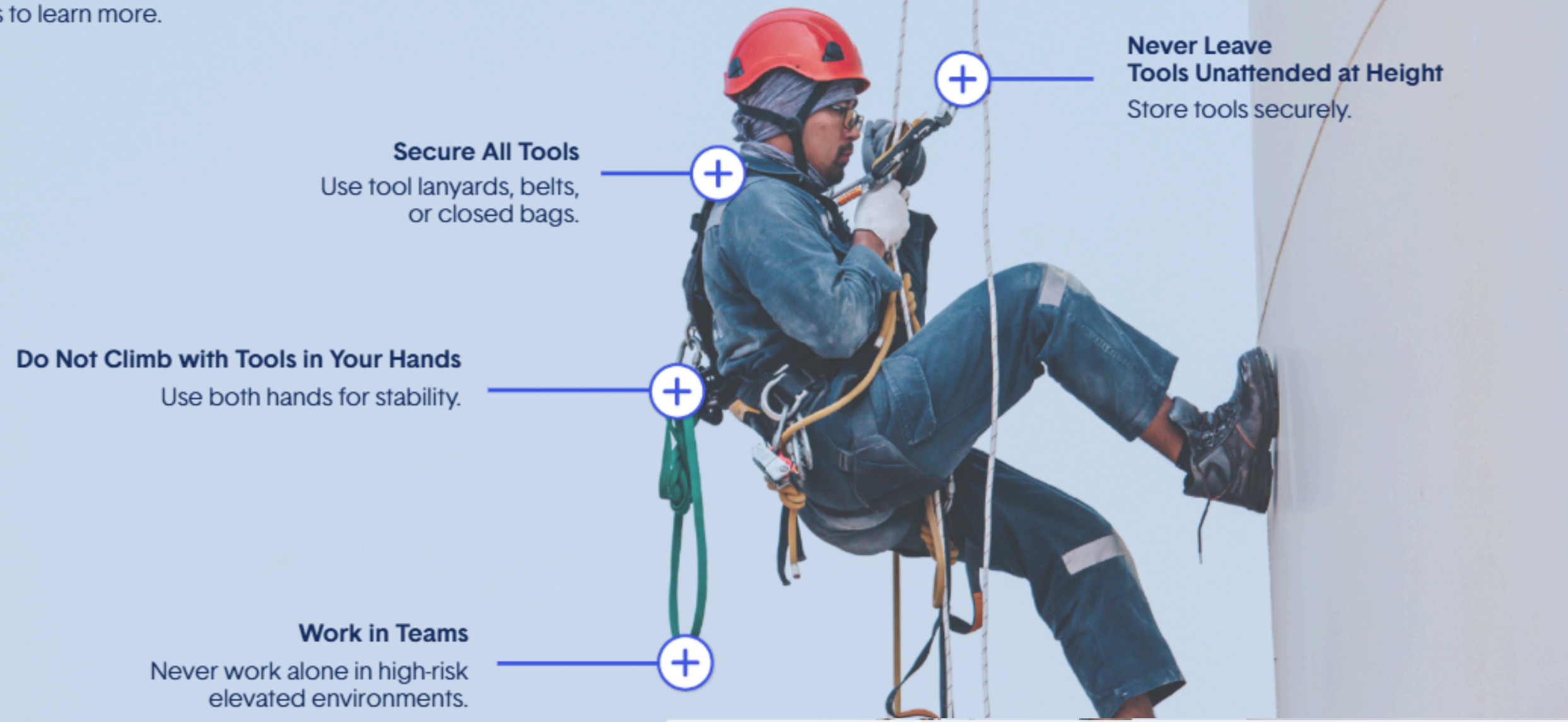


**Never take shortcuts with PPE or work methods**

# Use of Equipment: No Exceptions

Dropped objects can be fatal. Every object at height must be prevented from falling.

Click on the plus signs to learn more.



**Secure All Tools**  
Use tool lanyards, belts, or closed bags.

**Never Leave Tools Unattended at Height**  
Store tools securely.

**Do Not Climb with Tools in Your Hands**  
Use both hands for stability.

**Work in Teams**  
Never work alone in high-risk elevated environments.








**Preventing a dropped object starts with individual responsibility.**

## What Not To Do

Unsafe behaviors directly undermine our safety culture and expose individuals and teams to unnecessary risk. To protect yourself and your colleagues, the following actions are strictly prohibited when working at height.

Expand the restrictions by clicking on the text to learn more.

-  **Do Not Overreach or Lean Beyond a Safe Position.** Extending beyond guardrails or leaning out from ladders increases the risk of falling. Always reposition yourself properly or use the right access equipment.
-  **Never Climb with Tools in Your Hands.** Hands must remain free for gripping ladders or structures. Tools should be transported using a belt, bag, or hoisting system.
-  **Do Not Use Damaged or Uninspected Equipment.** All equipment must be checked before use. If damaged or expired, remove from service immediately and report it (e.g., to your direct manager or person responsible for equipment maintenance).
-  **Do Not Work Alone in Elevated High-Risk Areas.** Teamwork is essential. A second person ensures help is available in an emergency and assists with communication and monitoring.
-  **Never Leave Tools or Materials Unsecured at Height.** Even a small object falling from above can cause severe injury. Always store or tether items properly.



**These actions are not just against policy — they place lives at risk.  
Every team member has the duty to intervene when unsafe behavior is observed.**

# Safety Culture = Prevention

Safe behavior is most effective when practiced consistently. These everyday habits form the backbone of a strong safety culture.

These small actions, performed daily, are what drive major improvements in safety performance. They keep us alert, accountable, and aligned with our safety expectations.

Click on the cards to learn more.

## Daily Safety Checklist

### Check Your Own Mindset

Fatigue, distraction, or overconfidence can compromise even the best procedures. Start every task with focus and speak up if you feel unsafe or unprepared.

### Keep Work Areas Tidy

A cluttered work area increases the risk of trips, dropped objects, and equipment misuse. A clean environment reflects a prepared and professional mindset.

### Maintain Rule of 3 Points of Contact

Always use two hands and one foot, or two feet and one hand, when climbing ladders. This provides maximum stability and prevents slips and falls.

### Report Hazards and Near Misses Immediately

Use the "Unsafe? Report!" app or other communication tools, used in companies, ensure that hazards and near misses are logged and acted upon. Reporting is not about blame — it is about preventing possible incident.

# Why Does it Matter for Us?

## Safety is a Core Value.

At Ignitis Group, safety is more than a policy — it is a core value.

Your safe behavior directly contributes to the Group's mission of operational excellence. Every time you follow established procedures, you strengthen the culture.

Working safely is a choice. Choose it every time.





**Thank you for  
your attention!**

